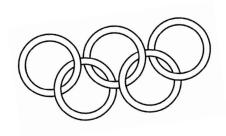
Tommy Kono

...was a Asian-American coach, Olympic gold-medalist athlete, and world-champion bodybuilder. Tommy was born in California and was sent in his childhood to a Japanese-American internment camp during World War II. It was at one of these camps where he was introduced to weightlifting. He passionately practiced this sport to become healthier after experiencing

severe asthma throughout his childhood. Tommy went on to become a famous athlete and is regarded as one of the greatest weightlifters in United States history! Tommy remains the only weightlifter in history to hold world records in four different weight classes.



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